



**Central Coast ABA**  
Applied Behavior Analysis

*Monterey County  
Community Resources*

# *Autism and Special Needs Directory 2026*

A guide to assist special needs families with providing resources to help care for and support their children.

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## **Social Security Administration**

Children with disabilities may be eligible to collect SSI payments. Eligibility is determined by family income and resources as well as the child's disability, must meet requirements given.

**(800) 772-1213**

**[www.ssa.gov](http://www.ssa.gov)**



## **State of California**

Official government website for the state of California.

**[www.ca.gov](http://www.ca.gov)**

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### **Special Kids Connect**

Special Kids Connect develops resources, raises awareness and provides support for children with developmental disabilities and their families.

**@SpecialKidsConnect**  
**(831) 372-2730**

**[www.SpecialKidsConnect.org](http://www.SpecialKidsConnect.org)**



### **San Andreas Regional Center Early Start Program**

A vision for leadership in service and advocacy for individuals with developmental disabilities.

**@SanAndreasRegional**  
**(408) 374-9960**

**[www.sanandreasregional.org/services/early-start](http://www.sanandreasregional.org/services/early-start)**



### **Early Start Infant Program Monterey County**

The Monterey County Office of Education provides developmentally appropriate educational intervention and parent/care giver training to infants and toddlers ages 0 through 3.

**(831) 318-0558**

**[www.montereycoe.org](http://www.montereycoe.org)**

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MONTEREY BAY  
SPEECH THERAPY

### **Monterey Bay Speech Therapy**

Pediatric and adult speech and language therapy  
in Pacific Grove, California.

**@MontereyBaySpeechTherapy**

**(831) 204-0019**

**[www.MontereyBaySpeechTherapy.com](http://www.MontereyBaySpeechTherapy.com)**



### **Hope, Horses and Kids**

Hope, Horses & Kids provides safe and affordable  
Equine Assisted Learning (EAL) opportunities to  
individuals of all ages who live with physical,  
cognitive and emotional challenges.

**@HopeHorsesAndKids**

**(831) 596-6693**

**[www.hopehorseskids.org](http://www.hopehorseskids.org)**



### **Salinas Circle for Children**

Through Salinas Circle for Children's fundraising  
efforts, money has been donated to local schools  
and to special needs programs as well as other  
purchases for necessities for individual children.

**(831) 424-7232**

**[www.salinascircle.org](http://www.salinascircle.org)**

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### **Tatum's Garden**

Monterey County's First fully inclusive and accessible playground, where children of all abilities can play, located at 1 Maryal Dr, Salinas CA 93906!

**@TatumsGarden**

**[www.tatumsgarden.org](http://www.tatumsgarden.org)**



Special Toys  
and  
Resources  
for  
Special Kids



### **STAR Toy Library**

STAR Library is a special toy and resource lending library of Special Kids Connect.

**(831) 372-2730**

**[www.SpecialKidsConnect.org/toys](http://www.SpecialKidsConnect.org/toys)**



### **Monterey Recreation Whispering Pines Day Camps**

Whispering Pines is a summer day camp for children offered through the City of Monterey with multiple sessions throughout the summer months.

**@MontereyRecreation**

**(831) 646-3866**

**[www.monterey.org/rec](http://www.monterey.org/rec)**

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### **Shared Adventures**

Shared Adventures provides life-enriching recreational and social activities for people with special needs.

**@SharedAdventures**

**(831) 459-7210**

**[www.sharedadventures.org](http://www.sharedadventures.org)**



**THE PARENT CENTER**

### **The Parent Center**

The Parent Center provides classes for children birth to five years old, prioritizing support for parents and caregivers as they navigate the child rearing years.

**@TheParentCenterSalinas**

**(831) 796-6900 Ext. 1365**

**[www.salinasparentcenter.org](http://www.salinasparentcenter.org)**

### **211 Monterey County**

211 is a FREE, easy-to-use source of information and referrals that connects you to the services you need. Available 24/7 in 170 languages for fast, free, confidential help.



**@UnitedWayMontereyCounty**

**Dial 211 or Text your zip code to 898-211**

**[www.unitedwaymcca.org/211](http://www.unitedwaymcca.org/211)**

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### **North Star SLPC - AAC Devices**

North Star SLPC provides in-home and virtual speech-language pathology services for children in the San Diego area as well as free AAC devices for children who qualify.



**@NorthStarSLPC**  
**(619) 436-1187**

**[www.northstarslpc.com/voiceoptions](http://www.northstarslpc.com/voiceoptions)**

### **Alisal USD Family Resource Centers**

Alisal USD Family Resource Centers provide assistance with filling out applications/forms for various documents, adult education, family support groups, and basic needs support by referral.



**@AlisalUnionSchoolDistrict**  
**(831) 775-4500**  
**[www.alisal.org](http://www.alisal.org)**

### **Disability Advice**

Disability Advice is dedicated to empowering individuals through every step of the Social Security Disability Insurance (SSDI) claims process.



**[disabilityadvice.org/child-disability](http://disabilityadvice.org/child-disability)**

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### **Mexican American Opportunity Foundation**

The MAOF seeks to promote the socio-economic betterment of California's Latino community through early childhood education, family services, job training, and senior programs.

**@MAOForg**

**(831) 424-6939**

**<https://maof.org/>**



### **If I Need Help**

If I Need Help offers ID tools for people with special needs who may be unable to communicate, giving rescuers quick access to essential personal and medical information.

**@QRCodeID1**

**(661) 524-6732**

**[www.ifineedhelp.org](http://www.ifineedhelp.org)**



### **Project FoodBox**

Project FoodBox combines nutrition science and care coordination to deliver pantry items, medically tailored meals, and local produce.

**@projectfoodbox**

**(408) 426-8544**

**[www.projectfoodbox.org/mtm](http://www.projectfoodbox.org/mtm)**

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